

Outcomes Report

Reporting period: August 2025 to July 2026

Between August 2025 and July 2026, Pathways for All People continued to provide supported accommodation and person-centred recovery services to adults experiencing homelessness, addiction, poor mental health and multiple disadvantage.

During the reporting period, 69 residents were supported, with 46 successfully moving on into independent accommodation, supported housing, rehabilitation services or family homes. We currently have 23 residents in Pathways accommodation who are continuing to work towards recovery and independence.

Female Residents

During the last 12 months, Pathways supported 12 female residents. 5 are currently living within Pathways accommodation and 7 have successfully moved on or transferred to appropriate accommodation.

Profile

- 18–30: 7
- 30–40: 3
- 50–60: 1

Ethnic origin:

- White: 11
- Mixed: 1

Presenting Needs

- Mental health: 12
- Physical health: 6
- Substance misuse: 12

Current Support

- Following a relapse while living independently, one resident joined Pathways with complex mental health needs alongside alcohol and drug misuse challenges. After a period of instability, she has spent time with her parents to help stabilise her wellbeing. With ongoing support from Pathways, she is engaging in recovery planning, receiving emotional support, and gradually rebuilding confidence, routine and stability in preparation for independent living.

- Referred to Pathways after completing residential rehabilitation, one resident arrived with a history of substance misuse and is currently subject to probation. Drawing on her previous experience as a qualified hairdresser, she is working towards rebuilding her independence while receiving support to establish healthy boundaries, maintain her recovery and develop the stability needed to progress into employment and independent accommodation.
- After being discharged from hospital following a violent assault in previous accommodation, one resident joined Pathways with significant mental health challenges and a history of multiple psychiatric admissions. Through ongoing emotional support, structured recovery planning and encouragement to engage with appropriate services, she is developing greater confidence, improving her wellbeing and working steadily towards a more stable and independent future.
- Following several years of street homelessness, one resident completed residential rehabilitation before moving into Pathways to continue her recovery journey. She is receiving support to maintain her sobriety, strengthen her daily living skills and prepare for independent accommodation. Pathways is also supporting her to build on her previous work experience and health and social care training as she plans for future employment.
- Having successfully completed rehabilitation and previous supported accommodation, one resident came to Pathways to further strengthen her recovery before moving into independent accommodation. Living with social anxiety, she is receiving ongoing emotional support, confidence-building and practical life-skills coaching while exploring employment opportunities within the hospitality sector. With a housing officer supporting her move-on plans, she continues to make positive progress towards independent living.

Outcomes After Moving On

Former residents have moved into a range of positive destinations including independent accommodation, supported housing, rehabilitation services, family homes and employment. Outcomes below are taken directly from the outcomes database.

- Following a period of poor mental health and emotional instability, one resident was supported by Pathways to stabilise her mental health and medication while rebuilding her confidence. After making positive progress during her stay, she returned to live with her family, where she continues her recovery with the support of those closest to her.
- After experiencing ongoing alcohol and drug misuse alongside significant personal challenges, one resident found it difficult to sustain her recovery while living at Pathways. Despite these setbacks, Pathways continued to support her by arranging emergency accommodation and helping her access appropriate services. She is now living in a homeless unit where she continues to receive support towards improving her wellbeing and stability.
- One resident experienced repeated relapses during her stay, which made it increasingly difficult to maintain both her own recovery and the safety of other residents within the

house. Following extensive support and encouragement from Pathways, she left Pathways to pursue more appropriate support that better met her immediate recovery needs.

- One resident joined Pathways requiring significant emotional support and guidance to prepare for independent living. During her stay she developed greater confidence and stability, enabling her to move in with a friend while preparing to begin university in Wales. She continues to build towards an independent future through further education.
- Following completion of residential rehabilitation, one resident came to Pathways to strengthen her recovery and rebuild the skills needed for independent living after many years of instability and personal trauma. With continued support, she successfully reconnected with her family and has now moved to live with her brother, where she continues her recovery journey with the support of those around her.
- Having experienced long-term substance misuse together with anxiety, depression and social anxiety, one resident made positive progress during her time at Pathways through consistent emotional support and recovery planning. She has since returned to live with her family, allowing her to continue rebuilding her confidence and wellbeing within a stable and supportive environment.
- Following a second stay with Pathways, one resident demonstrated increased commitment to her recovery and rebuilding her independence. With ongoing support to develop daily living skills and prepare for move-on, she successfully moved into accommodation with her sister and has secured local employment as a salesperson, representing an important step towards long-term stability and independence.

Male Residents

During the last 12 months, Pathways supported 57 male residents. 18 are currently living within Pathways accommodation and 39 have successfully moved on or transferred to appropriate accommodation.

Profile

- 18–30: 11
- 30–40: 19
- 40–50: 20
- 50–60: 7

Ethnic origin:

- White: 45
- Black: 3
- White : 5

- Mixed: 2
- South African: 1
- Asian: 1

Presenting Needs

- Mental health: 53
- Physical health: 32
- Substance misuse: 55

Current Support

Currently living at Pathways – 18. The support Pathways is providing to our current male residents and their progress is as follows:

- Following many years of alcohol and cocaine misuse alongside anxiety, one resident joined Pathways seeking greater stability in his recovery. With ongoing support from Pathways, he is attending Alcoholics Anonymous meetings several times each week, working closely with his sponsor through the Twelve Steps, and building the confidence and resilience needed to prepare for independent living.
- Having experienced homelessness, severe anxiety and longstanding trust issues, one resident arrived at Pathways requiring both practical and emotional support. Through regular mentoring, life-skills coaching and one-to-one key work, he is developing greater confidence, improving his social skills and working towards securing suitable long-term accommodation.
- Following a prolonged history of alcohol and drug dependency together with chronic mental health difficulties, one resident joined Pathways to strengthen his recovery. He is actively engaging with Alcoholics Anonymous, working through the Twelve Steps with his sponsor and receiving ongoing support to overcome anxiety surrounding his eventual move into independent accommodation.
- After experiencing ongoing alcohol and drug misuse alongside anxiety, one resident came to Pathways seeking a stable environment in which to rebuild his life. Through continued encouragement, recovery support and practical guidance, he is making positive progress towards moving into independent accommodation while maintaining his commitment to recovery.
- Following many years of offending behaviour linked to alcohol and drug addiction, one resident joined Pathways determined to make lasting changes. With support from Pathways, probation services and the criminal justice team, he is engaging in mentoring, budgeting support, fellowship meetings and recovery planning while working towards securing appropriate long-term accommodation.
- One resident entered Pathways with complex substance misuse challenges linked to ADHD and anxiety. Since arriving, he has been supported to develop healthier routines,

engage positively with recovery and strengthen the life skills needed to achieve sustained independence and long-term stability.

- Following difficulties associated with ADHD, anxiety and addiction, one resident joined Pathways requiring structured support to rebuild his life. Through ongoing key work, encouragement and recovery-focused support, he is making steady progress towards maintaining his recovery and preparing for a successful move into independent accommodation.
- After completing residential rehabilitation, one resident arrived at Pathways determined to continue his recovery from long-term ketamine and stimulant misuse. Pathways is supporting him to maintain his sobriety, rebuild his confidence and prepare for independent living while helping him leave behind previous offending behaviour and establish a more positive future.
- Having experienced repeated cycles of addiction and rehabilitation over several years, one resident joined Pathways committed to achieving lasting recovery. With continued encouragement, structured support and recovery planning, he has achieved his longest period of sobriety to date and continues to make encouraging progress towards independent living.
- Following many years of substance misuse beginning in childhood, one resident came to Pathways with complex emotional needs and a history of codependency. Through ongoing emotional support, recovery planning and practical guidance, he is rebuilding his confidence and preparing for a move into accommodation that will enable him to continue his recovery close to his family.
- One resident joined Pathways with significant mental health challenges alongside long-term alcohol dependency. Through consistent emotional support, structured recovery planning and encouragement to engage with appropriate mental health services, he is working towards improving his wellbeing while preparing for a successful move into independent accommodation.
- After many years of heroin and crack cocaine addiction linked to offending behaviour, one resident entered Pathways seeking a fresh start. With ongoing support to maintain his recovery, manage his finances and address the challenges arising from previous convictions, he is rebuilding his independence and working towards a more stable future.
- Following decades of alcohol dependency together with anxiety, depression and unresolved childhood trauma, one resident joined Pathways requiring intensive support to rebuild his life. Through recovery planning, emotional support and regular engagement with fellowship meetings, he continues to strengthen his recovery and prepare for greater independence.
- After experiencing anxiety, depression and substance misuse, one resident came to Pathways seeking stability and a supportive recovery environment. With ongoing mentoring and encouragement, he is maintaining positive progress in his recovery while preparing for independent accommodation and future employment opportunities.

- One resident joined Pathways following many years of alcohol, cocaine and party drug addiction alongside low self-esteem and depression. Through regular one-to-one support and positive reinforcement, he is building greater confidence, recognising the progress he has made and preparing to move closer to his family while continuing his recovery.
- Following a history of bipolar disorder, addiction and previous psychiatric admissions, one resident entered Pathways requiring both mental health and recovery support. Through structured key work, emotional support and encouragement to engage with treatment services, he is making steady progress towards maintaining his wellbeing and sustaining long-term recovery.
- After experiencing difficulties associated with ADHD, gambling addiction and long-term cocaine and alcohol misuse, one resident joined Pathways seeking greater stability. Through practical support, recovery planning and encouragement to develop healthier routines, he is making positive progress towards rebuilding his confidence and achieving greater independence.

Outcomes After Moving On

Moved on – 39. The support Pathways provided to our male residents and their progress is as follows:

- Following the breakdown of his family relationship, one resident joined Pathways after losing his accommodation and struggling to settle into supported housing. Although he found it difficult to engage consistently with the programme, Pathways continued to provide encouragement, practical guidance and opportunities to participate in recovery support. After leaving Pathways, he returned to live with his partner and children, where he has regained a degree of stability while rebuilding family relationships and working as a roofer.
- Following repeated relapses and difficulties maintaining recovery after residential rehabilitation, one resident joined Pathways seeking stability and support towards independent living. Despite making encouraging progress and preparing to move into his own flat, he experienced a relapse shortly before his tenancy was due to begin. Pathways supported him throughout this period and after, helping him develop greater insight into his recovery journey as he continues working towards long-term stability.
- Following the loss of his daughter and a prolonged period of anxiety and addiction, one resident joined Pathways determined to rebuild his life. Through ongoing recovery planning, emotional support and practical guidance, he achieved sustained sobriety for the first time, successfully moved into his own private flat and secured part-time employment at a local golf course, where he continues to build a stable and independent future.
- Following unresolved trauma after the loss of his mother from cancer, one resident joined Pathways requiring continued structure and specialist recovery support. Throughout his stay, he engaged with recovery planning and received emotional support to strengthen the foundations of his sobriety. Recognising that he would benefit from

more intensive therapeutic intervention, Pathways supported his transfer into specialist rehabilitation and a recovery-focused dry house to continue his recovery journey.

- After completing a Christian rehabilitation programme, one resident joined Pathways to continue rebuilding his life while reconnecting with his family. With ongoing support from Pathways, he strengthened relationships with his partner and two sons, rebuilt family responsibilities and developed greater confidence and stability. He has since moved to live with his partner, continues supporting his father, regularly attends church and is gradually returning to employment through painting and decorating work.
- Following longstanding addiction alongside significant mental health challenges, one resident joined Pathways requiring intensive practical and emotional support. Working closely with partner agencies, Pathways helped him engage with local mental health services, supported his successful Personal Independence Payment application and facilitated his move into more appropriate supported accommodation, where he continues receiving specialist support tailored to his needs.
- Following the loss of his career as a commercial pilot and a subsequent relapse, one resident joined Pathways seeking a fresh start. Through ongoing recovery support, practical guidance and move-on planning, he rebuilt his confidence and prepared for independent living. He has since moved into rented accommodation in Wales near his family, where he is exploring employment opportunities and planning for the future with his partner.
- After experiencing a serious fall that affected both his physical and mental wellbeing, one resident joined Pathways requiring ongoing support to rebuild his confidence and recovery. Through encouragement, structured recovery planning and practical assistance, he successfully moved into his own private flat, continues to chair Alcoholics Anonymous meetings and remains committed to supporting others while maintaining his own recovery.
- Following significant trauma and complex mental health challenges, one resident joined Pathways requiring a safe environment in which to rebuild his life. With continued emotional support and encouragement, he has made excellent progress in his recovery, recovered from a serious leg injury, attended a faith retreat in Rome and secured local accommodation. He is now preparing to undertake church outreach and missionary work while continuing to strengthen family relationships.
- Following addiction and housing instability, one resident joined Pathways determined to rebuild his independence. With ongoing recovery support and practical guidance, he successfully strengthened his confidence and prepared for independent living. He has since moved to live with his girlfriend and continues teaching golf, combining meaningful employment with a more stable and structured lifestyle.
- Following unresolved trauma after the loss of his mother, one resident joined Pathways requiring continued structure and specialist recovery support. Throughout his stay he engaged with recovery planning and received emotional support to strengthen the foundations of his sobriety. Recognising that he would benefit from further therapeutic

intervention, Pathways supported his transfer into specialist rehabilitation and a recovery-focused dry house to continue his recovery journey.

- Following a period of homelessness and significant family responsibilities, one resident joined Pathways seeking stability while supporting his mother through serious illness. Pathways provided ongoing recovery support, practical guidance and assistance with housing applications. He has since moved into a Christian dry house where he continues his recovery while remaining close enough to support his mother during her treatment.
- After many years of addiction and repeated rehabilitation placements, one resident joined Pathways determined to break the cycle of dependency and rebuild his future. Through structured support, recovery planning and encouragement to develop his vocational skills, he made positive progress towards independence and continued training as an apprentice electrician, providing a strong foundation for long-term recovery and employment.
- Following a long period of social isolation and addiction, one resident joined Pathways seeking greater stability and independence. Through ongoing emotional support and practical guidance, he strengthened his recovery and developed the confidence needed to live independently. He has since successfully moved into a private flat with Dave Wells, representing an important milestone in rebuilding his life and maintaining his long-term recovery.
- Following complex mental health challenges and a history of offending behaviour, one resident joined Pathways requiring structured support and encouragement to rebuild his life. Throughout his stay he worked towards greater stability, improved his confidence and prepared for independent living. He has since moved into accommodation with his partner and is working towards employment by overseeing a flower stall in Poole, representing a positive step in his recovery journey.
- Following a prolonged period of substance misuse and unresolved grief, one resident joined Pathways seeking a safe and supportive environment to continue his recovery. Throughout his stay, Pathways provided emotional support, recovery planning and practical guidance, helping him develop healthier routines and greater resilience. He spent a month in hospital with serious gallbladder issues in but now has a good relationship with his parents and daughter. He also got his licence back and he got a car to aid with his independence.
- Following a history of alcohol dependency, poor mental health and housing instability, one resident joined Pathways requiring structured support to rebuild his confidence and independence. Through regular key work sessions, recovery mentoring and encouragement to engage with fellowship meetings, he strengthened his recovery and developed the life skills needed for independent living. He has since returned to Basingstoke to be close to be his parents, where he continues to receive appropriate mental health support while maintaining his recovery.
- Following a period of homelessness and long-term alcohol misuse, one resident joined Pathways determined to make lasting changes in his life. With ongoing support from Pathways, he rebuilt his confidence, reconnected with family members and engaged

consistently with recovery services. However, he relapsed and was unfortunately evicted for sustained drug and alcohol use and putting other residents at risk.

- Following a history of alcohol dependency and diagnosis with liver disease, one resident joined Pathways requiring support to address both his addiction and depression. Through continued encouragement, practical support and recovery planning, he developed greater self-awareness and rebuilt his confidence. After leaving Pathways, he moved out to support his aging mother.
- Following the breakdown of his relationship while in hospital, one resident joined Pathways experiencing depression, alcohol and cocaine dependency, low self-worth and separation from his two children. During his time at Pathways, he received daily mentoring, counselling, Twelve Step support, budgeting guidance, employment advice and practical move-on planning. Although his recovery included periods of relapse, he remained engaged with support, successfully secured employment in the building trade and has since moved into a flat with his girlfriend, representing a significant step towards rebuilding stability, independence and family life.
- Following completion of residential rehabilitation, one resident joined Pathways to strengthen his recovery after experiencing a relapse. After a period of rebuilding stability, Pathways supported him in transferring to accommodation where he could benefit from additional peer support while continuing his recovery journey. Having made positive progress, he has since moved into his own private accommodation locally and continues working towards long-term independence.
- Following completion of rehabilitation, one resident joined Pathways seeking a stable environment in which to continue his recovery and prepare for employment. With ongoing encouragement, practical support and recovery planning, he rebuilt his confidence and secured an employment opportunity in his hometown. He has now returned to live with his family while beginning his new role in drainage and continuing to build a more independent future.
- One resident engaged positively with Pathways during his recovery journey and became a valued member of the community. Sadly, after leaving Pathways, he passed away unexpectedly in Bournemouth town centre. He is remembered fondly by both staff and fellow residents for the positive contribution he made during his time at Pathways.
- Following completion of residential rehabilitation, one resident joined Pathways after experiencing homelessness and long-term cocaine, crack cocaine and gambling addiction. Despite making encouraging progress, he experienced a relapse during his recovery. With support from Pathways, he returned to Birmingham to be closer to his family, where he continues his recovery with the support of those around him.
- One resident joined Pathways determined to rebuild his life following addiction and previous treatment. Although he made positive progress during his stay, an unexpected relapse interrupted his recovery journey. Pathways continued to encourage engagement with treatment services, and he has since returned to specialist support to continue working towards sustained recovery.

- After completing residential rehabilitation, one resident joined Pathways requiring ongoing support to strengthen his recovery and prepare for independent living. During his stay, he engaged positively with recovery planning and practical support, developing greater confidence and stability as he continued working towards his long-term recovery goals.
- Following his first period in recovery, one resident joined Pathways seeking continued support to build a stable future. Throughout his stay, he received encouragement, practical guidance and recovery mentoring, enabling him to rebuild his confidence and prepare for employment. He has since secured local employment as a consultant, representing an important milestone in his recovery and independence.
- Following difficulties maintaining his recovery while living independently, one resident joined Pathways requiring structured support and encouragement. Through ongoing emotional support and recovery planning, he achieved greater stability before moving back to London. He is now living independently in his own flat while continuing to receive support from his local mental health team.
- Following completion of rehabilitation, one resident joined Pathways to continue strengthening his recovery and prepare for independent living. Throughout his stay, he engaged well with support and developed greater confidence in managing daily life. He has since returned to Essex to support his mother following his father's serious illness, while continuing to build on the progress made during his time at Pathways.
- Following rehabilitation, one resident joined Pathways committed to rebuilding both his recovery and family relationships. With continued support, he strengthened his confidence and prepared for independent living. He has since returned to the North of England where he secured work with his brother in the building trade, found stable accommodation with a friend and successfully re-established regular contact with his son.
- Following completion of rehabilitation, one resident joined Pathways determined to maintain his recovery and build a more stable future. Despite making encouraging progress, he later experienced a relapse which resulted in the loss of his accommodation. Pathways continued to encourage him to engage with recovery services as he works towards rebuilding his stability and long-term sobriety.
- One resident joined Pathways after experiencing homelessness together with significant anxiety and poor financial management. Through ongoing practical support, budgeting guidance and recovery planning, he developed greater confidence and independence. He has since moved into a flat on the outskirts of London to be closer to his children, enabling him to rebuild important family relationships while continuing his recovery.
- Following completion of rehabilitation, one resident joined Pathways with a history of anxiety and depression requiring ongoing support. Through regular encouragement, recovery planning and move-on preparation, he rebuilt his confidence and independence. He has since moved into his own private flat locally and secured full-time employment setting up entertainment events, providing structure and stability for his future.

- One resident joined Pathways committed to maintaining his recovery while continuing his passion for boxing and improving his wellbeing. With practical support and encouragement, he successfully prepared for independent living. He has since moved into his own flat locally and secured employment as a roofer, enabling him to continue building a stable and independent future.
- Following the breakdown of his marriage and subsequent homelessness, one resident joined Pathways seeking stability and support to rebuild his life. Through ongoing recovery planning and practical guidance, he developed the confidence needed for independent living. He has since moved into a local flat with a friend, where he continues building on the progress achieved during his time at Pathways.
- Following a relapse immediately after completing rehabilitation, one resident joined Pathways after becoming homeless. Throughout his stay, he received ongoing recovery support and practical guidance to rebuild his confidence and prepare for employment. He has since secured work as a car mechanic in Hampshire and moved into shared accommodation, representing an important step towards long-term stability and independence.
- One resident joined Pathways with complex mental health needs requiring ongoing emotional support and careful management of his wellbeing. Throughout his stay, he engaged positively with support and worked towards greater independence. He has since relocated to Southampton, where he continues building on the progress made during his time at Pathways.
- Following a history of imprisonment and previous work within the recovery sector, one resident joined Pathways determined to rebuild his life and regain his independence. With ongoing support, he prepared successfully for employment and independent living. He has since moved into his own flat and secured work with Vita Nova, supporting drama groups and community workshops while continuing his recovery journey.
- Following release from prison, one resident joined Pathways while on probation and managing long-term mental health challenges together with low self-esteem. Through ongoing emotional support, recovery planning and practical guidance, he rebuilt his confidence and prepared for independent living. He has since returned to London where he is now living with his partner and young daughter, continuing to build a stable family life.